

## **Caregiver Support Meetings**

The Alvin A. Dubin Alzheimer's Resource Center offers Caregiver Support Group meetings which provide an opportunity for caregivers to meet others who are facing similar challenges and to learn more about dementia and effective coping strategies. Meetings are held at various locations throughout Lee County and neighboring areas.

**Locations, dates, and times are subject to change.  
For information, call the center at (239) 437-3007.**

### **FORT MYERS**

**2<sup>nd</sup> Tuesday of each month**

**2:00 p.m.**

**Pine Ridge at Fort Myers**

**4801 Lakeside Club Blvd.**

**\*\* Press Phone symbol then 777 at the gate**

**3<sup>rd</sup> Wednesday of each month**

**10:00 a.m.**

**Peace Lutheran Church**

**15840 McGregor Blvd**

**Respite available for group attendees, must  
RSVP 437-2599**

**2<sup>nd</sup> and 4<sup>th</sup> Wednesday of each month**

**10:00 a.m.**

**Saint Columbkille Catholic Church**

**Ministry Center Room 1**

**12175 Iona Rd**

**4<sup>th</sup> Tuesday of each month**

**2:00 p.m.**

**Brookdale Fort Myers The Colony**

**13565 American Colony Blvd**

**4<sup>th</sup> Tuesday of each month**

**10:00 a.m.**

**Ft. Myers Congregational Church**

**8210 College Parkway**

**3<sup>rd</sup> Thursday of each month**

**6:15pm**

**12468 Brantley Commons Court**

### **NORTH FORT MYERS**

**4<sup>th</sup> Thursday of each month**

**2:00 p.m.**

**Pine Lakes Country Club**

**10200 Pine Lakes Blvd**

**(3.5 mi. north of Shell Factory on U.S. 41)**

**PINE ISLAND**

1<sup>st</sup> Thursday of each month

10:30 a.m.

Pine Island United Methodist

5701 Pine Island Rd, Bokeelia

**CAPE CORAL**

1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month

2:00 p.m.

Gulf Coast Village

1333 Santa Barbara Blvd.

3<sup>rd</sup> Tuesday of the month

3:00 p.m.

Grace Church

13 SE 21<sup>st</sup> Place

Registration for Respite required

823-4960 or 246-9816

**LEHIGH ACRES**

3<sup>rd</sup> Monday of each month

2:00 p.m.

Lehigh Acres United Way House

201 Plaza Dr Ste 103

**BONITA SPRINGS**

2<sup>nd</sup> Monday of each month

2:00 p.m.

The Terraces at Bonita Springs

26455 S Tamiami Trail

4<sup>th</sup> Monday of each month

10:30 a.m.

Hope Lutheran Church

25999 Old 41

**SANIBEL**

4<sup>th</sup> Wednesday of each month

1:30 p.m.

Sanibel Congregational United

Church of Christ

2050 Periwinkle Way, Sanibel

**LABELLE**

1<sup>st</sup> Wednesday of each month

1:00 p.m.

Oakbrook of LaBelle

250 Broward Ave, LaBelle

**ADULT CHILDREN GROUP**

1<sup>st</sup> Tuesday of each month

6:15 p.m.

Dubin Alzheimer's Resource Center

12468 Brantley Commons Court

(For adults who are assisting or caring  
for their aging parents)

**TRANSITIONS GROUP**

3<sup>rd</sup> Tuesday of each month

10:00 a.m.

Dubin Alzheimer's Resource Center

12468 Brantley Commons Court