The Alvin A. Dubin Alzheimer’s Resource Center was established in 1995 by a group of dedicated Lee County professionals with the mission to provide information, education and support to individuals with memory impairment and their family caregivers. The viability of an office in Lee County was guaranteed when Mrs. Zelda Dubin made a generous donation in memory of her husband, Alvin A. Dubin. Throughout his lifetime, Alvin Dubin used both his time and assets to help others, and Al and Zelda will long be remembers for their generosity. In appreciation of the gift, the Board of Trustees unanimously voted to name the corporation the Alvin A. Dubin Alzheimer’s Resource Center.

For fifteen of the agencies twenty years in existence, Dotty St. Amand served as Executive Director. Dotty, along with the Board of Trustees created services that include; caregiver support groups, individual assistance for caregivers and families, a safety program, educational training, and seminars for professionals and family caregivers, an educational newsletter and a well-established lending library. Dotty’s integrity and dedication assured a strong foundation for the organization.

Since accepting the position of Executive Director in 2012 I have worked to build upon the reputation of excellence that this agency has enjoyed in its twenty years. With strong Board leadership, an extraordinary capable staff and community support we have been able to expand our services in Lee County as well as Hendry, Glades and Charlotte Counties.

We are also so very proud of the major symposium on Alzheimer’s disease and Related Dementias that we are presenting for the third year on March 4th 2015. These symposiums have been made possible by the Bernard P. Sweeney Endowment Fund which was established in 2012 by Jane Sweeney in recognition and memory of her beloved husband Bernie who passed away with Lewy Body Dementia.

We pray for the day when there is no longer Alzheimer’s disease and no need for this agency to exist. Until that day, this agency will strive to continue our mission of providing education, information and support to the many families walking the very difficult path that is Alzheimer’s disease. We are excited for future growth and continuing to move the Center forward in positive ways.

For more information about the Alvin A. Dubin Alzheimer’s Resource Center, contact us at (239) 437-3007 or visit our website at www.alzheimersswfl.org
**Mark Your Calendar**

**A Light To Remember**
**Sponsored by Fox Electronics ~ January 22, 2015 ~ 5:30 p.m.**
**Centennial Park ~ Fort Myers**

Families and friends may purchase a luminary in celebration (honoring or remembering) of a loved one with Alzheimer’s disease or a related memory disorder. These luminaries will border the sidewalks of Centennial Park by the fountain at sunset with a special lighting ceremony.

For more information see page 3.

**Savvy Caregiver**
**Presented by Dubin Alzheimer’s Resource Center**
**Wednesdays starting January 7th through February 11th**
2:00 p.m. to 4:00 p.m. at the **Juniper Village**
4920 Viceroy Court, Cape Coral, FL 33904
**Registration required - (239) 437-3007**
or
Wednesdays starting January 7th through February 11th
6:00 p.m. to 8:00 p.m. at **Choices in Living Adult Day Care Center**
3812 Skyline Blvd, Cape Coral, FL 33914
**Registration required - (239) 437-3007**

The Savvy Caregiver program is designed to train family caregivers in the basic knowledge, skills, and attitudes needed to handle the challenges of caring for a family member with Alzheimer’s disease or related dementia and to be an effective caregiver. This is a 12 hour course delivered in 2-hour sessions over a 6 week period.

**Teen Scholarship Program**
**Awarded by: The Dubin Alzheimer’s Resource Center**
**Deadline - March 31, 2015**
**Scholarship Criteria and Application are available at www.alzheimersswfl.org**

Scholarships are awarded to Lee County high school students who plan to pursue a college education. Applicants are required to write an essay about their experience helping a person with Alzheimer’s disease or other memory impairment.

**The 2015 Symposium on Alzheimer’s Disease and Related Dementia**
**Presented by: The Dubin Alzheimer’s Resource Center & FGCU College of Health Professions and Social Work**
**March 4, 2015 ~ 8:30 a.m. ~ 3:30 p.m. (registration begins at 7:30 a.m.)**
**FGCU, Cohen Center Ballroom**
10501 FGCU Blvd South, Fort Myers
**Event is free - RSVP required to (239) 437-3007**

The symposium is made possible by the Bernard P. Sweeney Endowment Fund. The event is free and lunch will be provided. CEU’s are available for Nurses, Nursing Home Administrators, Guardians and Social Workers for a $50 fee. A license number must be provided with RSVP. For more information, contact Jan Kerlin, Executive Director, Dubin Alzheimer’s Resource Center at (239) 437-3007. For more information see page 4.
SEVENTEENTH ANNUAL
A LIGHT TO REMEMBER
TRIBUTE CEREMONY
SPONSORED BY
FOX ELECTRONICS
JANUARY 22, 2015 ~ 5:30 P.M.
CENTENNIAL PARK, FORT MYERS

Families and friends may purchase a luminary in celebration (honoring or remembering) of a loved one with Alzheimer’s Disease or a related memory disorder. These luminaries will border the sidewalks of centennial park by the fountain at sunset with a special lighting ceremony.

YOUR NAME: _______________________________________________________________________________________
PHONE: _______________________________________________________________________________________
ADDRESS: _________________________________________________________________________________________
IN CELEBRATION OF: ___________________________________________________________________________
CITY/STATE/ZIP: ___________________________________________________________________________________
NUMBER OF LUMINARIES: ______  X $5.00 = $____________________ (TOTAL ENCLOSED)

PLEASE MAKE CHECKS PAYABLE TO THE ALVIN A. DUBIN ALZHEIMER’S RESOURCE CENTER ~ 12468 BRANTLEY COMMONS CT, FORT MYERS, FL 33907.

A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES BY CALLING TOLL-FREE WITHIN THE STATE. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. THE TOLL-FREE NUMBER IS: 1-800-435-7352. FL SOLICITATION OF CONTRIBUTIONS REGISTRATION #SC-06629. 100% OF EACH CONTRIBUTION IS RECEIVED BY THE ALVIN A. DUBIN ALZHEIMER’S RESOURCE CENTER, INC.
ADVANCES IN THE DIAGNOSIS AND MANAGEMENT OF LEWY BODY DEMENTIA ~ Symptoms, Pathology and Mechanisms

James Galvin, M.D. - Professor of Neurology, Psychiatry, Nursing, Nutrition and Population Health at New York University Langone School of Medicine. Director of the Pearl I. Barlow Center for Memory Evaluation and Treatment-Lewy Body Dementia Program.

MANAGING BEHAVIOR IN DEMENTIA

F. Michael Gloth III, M.D. - Associate Professor of Medicine in the Division of Geriatric Medicine and Gerontology at Johns Hopkins University School of Medicine and Adjunct Associate Professor of Epidemiology and Public Health at the University of Maryland. Chief Medical Officer Moorings Park Healthy Living in Naples, Florida.

AGING WELL ~ Lessons Learned from Centenarians

John Woodard, Ph.D. - Professor of the Department of Psychology College of Liberal Arts and Sciences Wayne State University. Fellow, National Academy of Neuropsychology.

PANEL DISCUSSION

Prominent healthcare professionals with expertise in Alzheimer’s Disease and other related dementias.

There is no charge for the event; however, there will be a $50 fee for CEU-seeking candidates and a license number must be provided with your RSVP. CEUs are available for Nurses, Nursing Home Administrators, Guardians and Social Workers. Lunch will be provided. Please RSVP by February 27, 2015 to (239) 437-3007

The symposium is made possible by the Bernard P. Sweeney Endowment Fund.

Dubin Center Presents
Third Annual Symposium Featured Speakers

ADVANCES IN THE DIAGNOSIS AND MANAGEMENT OF LEWY BODY DEMENTIA ~ Symptoms, Pathology and Mechanisms

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Center Happenings

Hallowheels

Caregiver Social

Brushstrokes from the Soul

MemoryCare is all we do.™

“We were welcomed as family members any time that we came to visit and always felt that this was my Dad’s home.”

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15950 McGregor Boulevard
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“Caregiver Social is an important decision that should not be based solely on advertisements. Before you decide, ask me to send you written information about my qualifications and experience.”

Adult Daycare is a WIN/WIN situation for everyone in the family. It provides the needed respite for the family as well as extensive benefits for the participant obtaining optimal physical and mental functioning.

3812 Skyline Blvd
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239-540-6813

Choices in Living, LLC
Adult Daycare
Caregiver’s Corner

Long Term Care Family Caregivers Support Group

A support group specifically for family members of assisted living and skilled nursing center residents

Group meetings are held on the:

Third Tuesday of each Month
10:00 a.m. - 11:00 a.m.
at the
Dubin Alzheimer’s Resource Center
12468 Brantley Commons Court, Fort Myers

This group offers an opportunity for family members to speak candidly about their concerns and feelings

Discussion includes topics such as:
- The care plan process
- How to be active in your loved one’s care
- State and federal regulations governing nursing homes and assisted living facilities
- How to resolve concerns and communicate with facility staff
- How to make visits more meaningful

Meetings are offered at no charge and are facilitated by a Dubin Alzheimer’s Resource Center Social Worker

For more information, call (239) 437-3007

New PATH Program Partners~Awareness~Trust~Hope

The New PATH program is designed for individuals in the early stages of Alzheimer’s disease or a related dementia and their spouse or primary caregivers

Each meeting includes both a support group for individuals with early-stage dementia and a support group for their spouse or caregivers

New PATH is beneficial for individuals who:
- have received a diagnosis of Alzheimer’s disease or related dementia
- are aware of the diagnosis
- are willing to talk about their illness openly in a group setting

All participants are interviewed prior to enrollment to determine suitability for the group.

The next New PATH series is being scheduled now!

For more information or to schedule an interview, contact a Dubin Alzheimer’s Resource Center Social Worker at (239) 437-3007
Gifts to the Dubin Alzheimer's Resource Center

Our sincere thanks to the following individuals and businesses who gave a memorial, honorary or general gift during the months of October, November and December. Gifts not listed will appear in the Spring issue.

**In Memory Of**
- Clients and clients' relatives
  - Osterhout & McKinney
  - Pauline Harris
    - Sarah White
  - Ayde T. Fernandez
    - Vivian and Terrance Stewart
  - Barbara LeGrande
    - LeGrande & LeGrande PA
  - Beverly Bechamps
    - Rose Bechamps
  - Carl M. Lowther
    - Norma Jean Lane
  - Howard Whitehair
    - Jeffrey Mistor
      - Deborah Ferguson
      - Linda Lee
      - Lydia Pate
      - Halifax Health
      - Merian Finneran
      - Ina Hunsucker
      - Joan Richter
  - Ila Hammonds Furr
    - Sherri Coburn
  - James Naelitz
    - Kirby Family
    - Gail Van Daff
    - Betty Prout
    - Sandra Lundy
  - John "Jack" Kelley Sr.
    - Francis Tan
    - Mariann Brasington
    - Carol and Carmine Attianese
    - Florence Hoppe
    - Mary Ann and G Paul DeRosa
    - Catherine Casey
  - Joseph A. Fernandez
    - Dolores Bertolini and Family
  - John Cicero
    - Ursula Cicero
  - Jurgen Galla
    - Sherri Coburn
  - Laureen Winter
    - Lila Williamson
  - Marie McKenny
    - Patricia McKenny
  - Robert Duyer
    - Ball State University
  - Zelda Dubin
    - Zelda Dubin Memorial Philanthropic Fund of the Columbus Jewish Foundation

**In Honor Of**
- All Suffering from Alzheimer’s
  - Judy Szczurek EJ
  - Anthony Totteben
    - Sherri Coburn
  - Heidi’s Kindness
    - Lila Williamson
  - Mama Marie Jose - Sombo Sondi
    - Sherri Coburn
  - Norma Martin
    - Sherri Coburn
  - William Felt
    - Jennifer Felt

**Individual Donations**
- Ellie Fox
- Alfred Holland
- Judy Jones
- Dale Dubin
- Mary Ann and Robert Hansen
- Lisa Butts
- Kathleen and Steven Shimp
- Linda Gelafio
- Pot and Al O'Donnell
- Claudia Polzer
- Chris White
- Tina Keating
- Karen Jellerson
- Lucille DiGiovanni
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- Joyce and Charles Beauvais
- Michael Gara
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- Maureen Oravec
- Melissa Speciale
- Britton Swank
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- Joan Richter
- George Glidden
- Phyllis Luts
- Haleyon St. Hill
- Gary Grosser
- Dolores Bertolini
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- Margaret Mahland
- Dotty St. Amand
- Lisa Peters
- Nancy Smith
- Lindsey Tinson
- Stephanie Walczak
- Beth Prather
- Sarah Shelley
- Carol Kligore
- Kary Smith
- Vanessa Serra
- Rachel Rhodes

**Civic Gifts and Grants**
- United Way of Lee, Hendry & Glades
- NARFE Chapter 1263
- Rotary Club of North Ft Myers
- Rotary Club of Cape Coral Goldcoast
- Rotary Club of Cape Coral North
- Cape Coral Community Foundation
- Sanibel Congregational United Church
- Temple Beth El of Fort Myers

**Corporate Gifts**
- Cypress Cove at HealthPark
- Trusted Financial Services
- Prather & Swank
- Osterhout & McKinney
- Myers, Brettholtz & Co PA
- Hanson Services
- Comfort Keepers
- SeniorBridge Fort Myers
- Schlager, Schlager & Levin
- VIP America Home Health Care
- Redi-Care Nursing Services
- Rogers Towers Attorneys at Law
- Mind and Brain Care
- Medical Claim Service
- Arden Courts
- Millennium House
- Brookdale Senior Living
- Page Rehabilitation & Healthcare Center
- The Windsor
- Choices In Living

**In-Kind Gifts**
- Arden Courts
- Abby Services
- Gulf Coast Village
ALZHEIMER’S SUPPORT GROUPS

BONITA SPRINGS
The Terraces at Bonita Springs
2nd Monday, 2:00 p.m.
Hope Lutheran Church
4th Monday, 10:30 a.m.

CAPE CORAL
Gulf Coast Village
1st & 3rd Thursdays, 2:00 p.m.

FORT MYERS
Broadway Community Church
2nd Tuesday, 2:00 p.m.
Community Cooperative’s Social Education Resource Center
4th Tuesday, 1:00 p.m.
Riverside Church
4th Tuesday, 2:00 p.m.
Westminster Presbyterian
2nd & 4th Wednesdays, 9:45 a.m.
Fort Myers Congregational
United Church of Christ
3rd Wednesday, 10:00 a.m.
Dubin Alzheimer’s Resource Center
3rd Thursday, 6:15 p.m.

NORTH FORT MYERS
Pine Lakes Country Club
4th Thursday, 2:00 p.m.

PINE ISLAND
Pine Island United Methodist
1st Thursday, 10:30 a.m.

LEHIGH
United Way House
1st & 3rd Monday, 2:00 p.m.

SANIBEL
Sanibel Congregational United Church of Christ
4th Wednesday, 1:30 p.m.

LABELLE
First Christian Church
1st Wednesday, 1:00 p.m.

PUNTA GORDA
The Palms of Punta Gorda
2nd Thursday, 2:00 p.m.

PORT CHARLOTTE
Charlotte Cultural Center
The Learning Place
4th Thursday, 10:30 a.m.

ADULT CHILDREN GROUP
Dubin Alzheimer’s Resource Center
1st Tuesday, 6:15 p.m.

LONG TERM CARE
Dubin Alzheimer’s Resource Center
3rd Tuesday, 10:00 a.m.

SPEAKERS

Medicaid Programming ~ An Overview
Meredith McBride, Medicaid Manager
Area Agency on Aging
Lehigh Acres: January 5th | 2:00 p.m.
Cape Coral: January 15th | 2:00 p.m.
Westminster: January 28th | 9:45 a.m.

No Place Like Home
A Discussion on Placement
Tamara Mann, Business Executive
SeniorBridge
Lehigh Acres: February 2nd | 2:00 p.m.
Cape Coral: February 19th | 2:00 p.m.
Westminster: February 25th | 9:45 p.m.

Elder Law and the Family Caregiver
Amy McGarry, Esq.
Amy McGarry Law Office
Lehigh Acres: March 2nd | 2:00 a.m.
Cape Coral: March 19th | 2:00 a.m.
Westminster: March 25th | 9:45 a.m.

For information, please call (239) 437-3007.