ANNUAL REPORT 2013-2014
Celebrating Nineteen Years of Caring

Since last year’s annual report the Alvin A. Dubin Alzheimer’s Resource Center has experienced a substantial increase in the number of people seeking our services. To accommodate this rising demand the agency has taken several actions.

One of the actions was to begin teaching a new evidence based course entitled “The Savvy Caregiver”. We have taught this course not only at our facility here in Lee County but at the Cultural Center in Port Charlotte as well.

“The Savvy Caregiver” course is a six week course designed to train caregivers to be effective caregivers with the basic knowledge, skills and attitudes needed to handle the challenges of caring for a family. The agency has also continued to teach New PATH an eight week course, intended for those individuals who have been newly diagnosed and their family caregivers. The demand for “New Path” has grown to the extent that an additional session was added. Graduates of this course progress to a follow-up support group which we determined should meet twice a month as opposed to the once a month meetings that had been in place for a number of years.

New caregiver support groups have also begun in the past twelve months. We are now offering a group that meets in the evening as multiple requests were coming to us from individuals who are still working in the day and serving as caregivers as well. In addition we have added a new support group in the south Fort Myers area and have plans for an additional group in Bonita Springs. We also established a support group in Punta Gorda which has proven to be very active.

We emphasized first responder education this year as part of our overall Safety Program to help prevent crisis situations. We have also contributed to community education through our participation in the Southwest Florida Coalition for Optimal Behavioral Health and Aging. Staff has taken part in numerous health fairs, trainings and speaking engagements.

I am proud to say that we have expanded program capacity without an increase in the number of staff and despite the loss of federal dollars through the Older American’s Act due to the Sequester. I am also very proud of our strong relationship with the United Way, of Lee, Hendry, Glades and Okeechobee Counties. United Way support enables us to provide service at no cost to our clients. We are excited for future growth and know that with the help of our supporters we will continue to move the Center forward in positive ways.

Jan Kerlin,
Executive Director

The mission of the Alvin A. Dubin Alzheimer’s Resource Center is to provide educational, informational, and supportive assistance for individuals with Alzheimer’s disease or a related disorder and their caregivers in Lee County.

The Alvin A. Dubin Alzheimer’s Resource Center was established in 1995. Our center is named after Alvin A. Dubin whose widow, Zelda Dubin, made a generous donation to ensure the viability of a resource center in Lee County. Throughout his lifetime, Alvin Dubin used both his time and assets to help others. His legacy will continue due to the generosity of his wife, Zelda.

We are forever indebted to Zelda for her dedication to our cause. Al and Zelda will long be remembered for their generosity and commitment to making our community a better place to live.

For more information about the Alvin A. Dubin Alzheimer’s Resource Center, contact us at (239) 437-3007 or visit our website at www.alzheimersswfl.org
Presented by the Dubin Alzheimer’s Resource Center

Mondays starting April 28th through June 16th
1:00 p.m. to 3:00 p.m. at the Cultural Center of Charlotte County
2280 Aaron Street, Port Charlotte
Registration required - (941) 625-4175 ext. 223

Wednesdays starting May 7th through June 11th
2:00 p.m. to 4:00 p.m. at the Dubin Alzheimer’s Resource Center
12468 Brantley Commons Ct, Fort Myers
Registration required - (239) 437-3007

The Savvy Caregiver program is designed to train family caregivers in the basic knowledge, skills, and attitudes needed to handle the challenges of caring for a family member with Alzheimer’s disease or related dementia and to be an effective caregiver. This is a 12 hour course delivered in 2-hour sessions over a 6 week period.
The Dubin Alzheimer’s Resource Center held the seventeenth annual Art Show Awareness Event, Brushstrokes From The Soul, at FineMark Bank and Trust during November in recognition of National Alzheimer’s Awareness Month. Several pieces of unique art created by area residents with Alzheimer’s disease were beautifully displayed. Special thanks are extended to the many local assisted living facilities, skilled nursing centers, day stay programs and their residents, and the loved ones of the persons with memory impairment for their participation in this art project. We also thank our Grand Sponsor Renaissance at the Terraces, our business sponsors who contributed to the event, 50% Off Framing, and our art show patrons and silent auction bidders for their generous support. This art show event raised $12,800 for the Dubin Alzheimer’s Resource Center programs.
The Dubin Alzheimer’s Resource Center and Fox Electronics celebrated the sixteenth annual A Light To Remember luminary event on January 23, 2014 in Centennial Park. Dedicated supporters came out to the park to help light luminaries on this beautiful evening. Luminaries displayed were purchased by friends and family members in honor or remembrance of their loved ones. Special thanks go to the Fox family and their employees at Fox Electronics as well as everyone who participated in this memorable event. In addition to paying tribute to many special people, this event raised funds for our caregiver programs.
On Thursday, March 13th, the Alvin A. Dubin Alzheimer’s Resource Center and Florida Gulf Coast University College of Health Professions and Social Work presented The Second Annual Symposium on Alzheimer’s Disease and Related Dementias.

The symposium opened with The Bernard P. Sweeney Lecture – Lewy Body Disease that was presented by Dennis Dickson, MD, Neuropathologist & Past President, American Association of Neuropathologists.

Kelly Foote, MD, presented Can Deep Brain Stimulations Slow Down the Progression of Alzheimer’s Disease. Dr. Foote is the Co-Director of the University of Florida’s Center for Movement Disorders and Neurorestoration.

Marc Diamond, MD, the David Clayson Professor of Neurology at Washington University, St. Louis presented on Tau as a Prion: Implications for Diagnosis and Therapy.

Following the key note speakers’ presentations, a panel of experienced Healthcare Professionals and key community members participated in a question and answer session.

The symposium was made possible by the Bernard P. Sweeney Endowment Fund.
2013 Program Outcomes

2013 was a productive year! Surveys from caregivers who had interactions (support groups, home/office visits) with center program staff indicated that 100% of caregivers could identify at least one specific piece of information they learned at support group that was helpful to them about memory loss. Additionally, 89% of the caregivers could identify at least one community resource they learned about at support group for individuals with memory loss and their caregivers. 88% of caregivers could identify at least one way that they have learned to deal with changes in their loved ones by attending support group and 91% of caregivers could identify at least one way that they have lessened the effects of stressful situations by attending support group. Lastly, in the words of the caregivers themselves: "This support group is providing me with much needed emotional support. It is so helpful to be with other people who understand what I am going through", “The group enables me to understand the behavior my spouse displays. And to understand that there is always help if and when I need it”, “I will always speak well and often of the sterling quality of the Alvin A Dubin Alzheimer’s Resource center and it’s staff, much love and hugs”, “I strongly appreciate the presence and work of the Dubin Alzheimer’s Resource Center”, and “It has been and continues to be a difficult journey but this group has helped by not making me feel alone in the journey, family support is great, but this group all truly understand the challenges”.

Your Support Enables Us to Provide Information, Support and Education

Renaissance’s thoughtfully designed memory support program promotes choice and independence in a safe, secure and familiar environment. Our passionate staff is committed to creating positive experiences for residents with Alzheimer’s disease and other forms of dementia. Call 1.800.499.7964 to schedule your personal tour and ask about our exclusive time limited savings options.
Gifts to the Dubin Alzheimer's Resource Center

Our sincere thanks to the following individuals and businesses who gave a memorial, honorary or general gift during the months of December, January, and February. Gifts not listed will appear in the Summer issue.

**In Memory Of**

**Clients and clients’ relatives of**
Osterhout & McKinney  
Ann Forconi  
Pete and Joanne Gordon  
Ada Johnston  
**Ann Healy Forconi**  
Frank and Isabella Istotro  
**Arthur D. Hartman**  
Mary Ann Ferrarese  
**Bernard P. Sweeney**  
Susan Leahy  
**Bonnie Douglass Menaker**  
Dr. Tom Menaker  
**Donnabelle White**  
Sharon Vosburg  
Marv, Emily and Betsy  
**John G. “Jack” Holst**  
Yuki and Fred Willis  
Erin Houck-Toll  
Henderson Franklin Attorneys at Law  
Joanne and Tracey LeMoigne  
Diane Geater  
Sarah and Robert Arnall  
Beth Alderman  
Carl Scharfenberg  
**Joe V. Langston**  
Scott Langston  
**Marjorie Drake Starnes**  
Judy and Hugh Starnes  
Dr. and Mrs. Robert Hendry  
Susan Carlton  
Joan and Jim Hampson  
Jill Carlton Tamada  
**Mary Manning**  
Charley and Karen Ulrich and Family  
Judy and Mike Thomas and Family  
Lillie Ulrich  
**Mr. John Moe**  
Westfield at Legends HOA  
**Richard Craddock**  
Marjorie Dwyer  
**Rose Marie Davis - Davis**  
Family Fund  
Gordon Davis  
**Rufus and Ominia Rogers**  
Hudson Rogers  
**Ruth Devins**  
Sandy and Tim Devins  
Peggy Maza  
Thelma and Thomas Kirsche  
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Larry Cooney  
Daley and Joe Richards  
**Terry Fletcher**  
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**Thomas Orthman Sr**  
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Katherine Chappelle  
Lorene Moore  
Stephanie Walczak  
Lynnette Morrow  
Amy Singer  
Debbie Beavers  
Connie Guin  
Katherine Chappelle  
Sharon Eldred

**Civic Gifts and Grants**

United Way of Lee, Hendry & Glades  
Nat’l Non Profit Americans W/Disabilities  
Alzheimer’s Foundation of America

**Corporate Gifts**

Accent Business Products, Inc.  
Chico’s FAS  
Intergrated Device Technology  
Comcast

**In-Kind Gifts**

Arden Courts  
Abby Services  
Gulf Coast Village  
Clarebridge Fort Myers  
Spirits of Bacchus
ALZHEIMER’S SUPPORT GROUPS

BONITA SPRINGS
Hope Lutheran Church
4th Monday, 10:30 a.m.

CAPE CORAL
Gulf Coast Village
1st & 3rd Thursdays, 2:00 p.m.

FORT MYERS
Broadway Community Church
2nd Tuesday, 2:00 p.m.
Dunbar United Way House
4th Tuesday, 1:00 p.m.
Riverside Church
4th Tuesday, 2:00 p.m.
Westminster Presbyterian
2nd & 4th Wednesdays, 9:45 a.m.
Fort Myers Congregational
United Church of Christ
3rd Wednesday, 10:00 a.m.
NEW Dubin Alzheimer’s Resource Center
3rd Thursday, 6:15 p.m.

NORTH FORT MYERS
Pine Lakes Country Club
4th Thursday, 2:00 p.m.

PINE ISLAND
Pine Island United Methodist
1st Thursday, 10:30 a.m.

LEHIGH
United Way House
1st & 3rd Monday, 2:00 p.m.

SANIBEL
Sanibel Congregational
United Church of Christ
4th Wednesday, 1:30 p.m.

LABELLE
First Christian Church
1st Wednesday, 1:00 p.m.

PUNTA GORDA
The Palms of Punta Gorda
2nd Thursday, 2:00 p.m.

ADULT CHILDREN GROUP
Dubin Alzheimer’s Resource Center
1st Tuesday, 6:15 p.m.

LONG TERM CARE ISSUES
Dubin Alzheimer’s Resource Center
3rd Tuesday, 10:00 a.m.

SPEAKERS

Hurricane and Emergency Preparedness
Gerald Campbell, Chief of Planning
Lee County Emergency Management
Lehigh Acres: April 7th | 2:00 p.m.
Cape Coral: April 17th | 2:00 p.m.
Westminster: April 23rd | 9:45 a.m.
To Be Determined
Lehigh Acres: May 5th | 2:00 p.m.
Cape Coral: May 15th | 2:00 p.m.
Westminster: May 28th | 9:45 a.m.

To Be Determined
Lehigh Acres: June 2nd | 2:00 a.m.
Cape Coral: June 19th | 2:00 a.m.
Westminster: June 25th | 9:45 a.m.

For information, please call (239) 437-3007.